

The
FROCESTER
BAR • RESTAURANT • HOTEL

Restaurant Menu

Appetisers

mixed mistoliva olives • mixed breads with balsamic oil • breaded mushrooms • garlic bread • salt 'n' pepper squid • spicy fried bread with chorizo •
£ 3.00 each

Starters

Battered brie with hot and sour pepper dip and mixed leaves **£7.50**

Soup of the day served with a choice of white or granary bread **£5.50**

Wild game terrine (pigeon, pheasant and duck) with spiced apple chutney and granary toast
£7.50

Sauteed field mushrooms with garlic served with spinach and feta cheese on granary toast
£7.50

Fowey mussels steamed with garlic, red onions, thyme and white wine served with granary bread **£7.00**

Severn and wye smoked salmon with pickled beetroot, horseradish and date and walnut soda bread **£8.50**

Mains

Pan roasted wild duck breast with braised red cabbage, black pudding, apple chutney and red wine sauce **£17.00**

Pan roasted beef fillet with thyme roast carrots, broccoli, roast red onions and red wine sauce **£22.00**

Char grilled sirloin steak with rocket, roast tomatoes, sautéed mushrooms and garlic butter
£19.00

Oven baked sea trout with cheddar and herb crust, roast tomatoes, spinach and samphire
£16.50

Medallions of pork pan fried with port and stilton cream sauce served with steamed broccoli
£16.50

Grilled seabass fillets with tomato, chorizo and chick pea sauce **£16.50**

Mushroom, leek and walnut roast with tomato and herb sauce, rocket and pickled beetroot
£12.00

Pan roasted lamb rump with mustard and sage crust, savoy cabbage, sautéed field mushrooms and red wine and mint sauce **£18.00**

Roast free range chicken breast stuffed with mozzarella, chorizo and basil served with sautéed leeks, pine nuts and red wine sauce **£15.50**

All main courses are served with the choice of one of the following -:

*hand cut chips,
dauphinoise potatoes,
new potatoes,
mixed salad,
market vegetables
rustic garlic bread*

Additional side orders £3.00 each

*Please advise when ordering if you have **any** food allergies or intolerances*